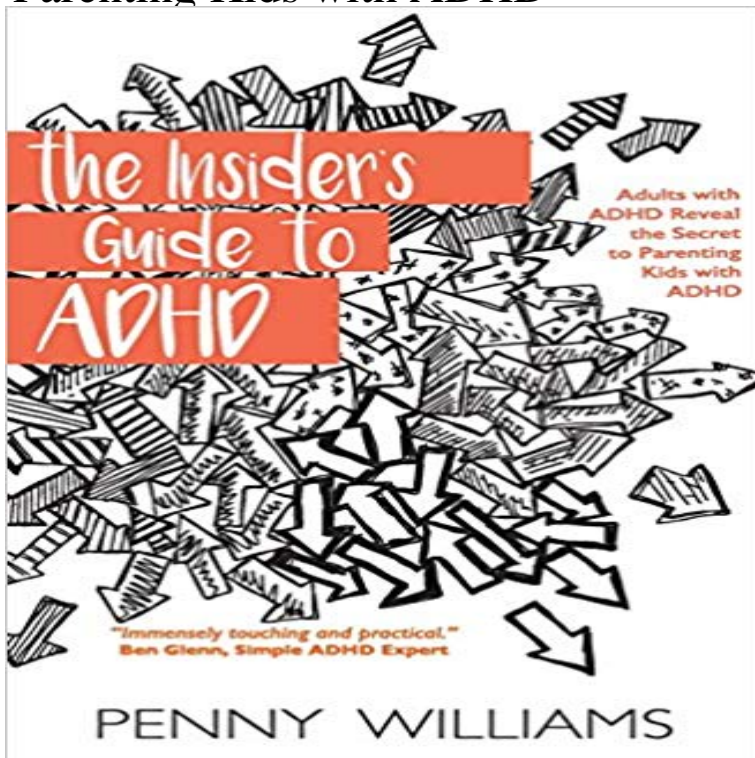


The Insiders Guide to ADHD: Adults with ADHD Reveal the Secret to Parenting Kids with ADHD



Winner of the 2016 International Book Awards Finalist Award in Parenting & Family!

Who knows better what kids with ADHD need than adults who grew up with similar struggles? In her quest for the ultimate ADHD insights, award-winning author Penny Williams went right to the source, interviewing dozens of adults whose childhood was clouded by ADHD. Williams analyzes the wisdom and valuable perceptions of these adults, including what works and what doesn't work for kids with ADHD. The Insider's Guide to ADHD bypasses the reward charts, strict limits, and other standard recommendations to get to the root of the true formula for effective ADHD parenting. Inside, you'll find twelve positive parenting strategies for ADHD that all lead to one universal truth for creating success in the lives of kids with ADHD, and their families.

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