

Conflict Resolution 2: Let it Be As You Say & Building Bridges Together



Conflict besieges all of us in our daily life. Conflict seems to start at home in the morning, moves to road rage driving to work, flares up in our workplace, occurs with our customers, vendors, peers, family, neighbors, authorities, and even with long term friends. Conflict Resolution is intended to assist you in dealing with these conflicts and coaching you about how to resolve them to your satisfaction. Our coaching helps you explore, identify, and analyze the underlying causes for your specific conflict before working out your plan to resolve it. Then we assist you in recognizing the leverage points available to you when you try to resolve it. And finally we offer examples and suggestions about how to go about resolving your conflict. Conflict is basic to the human condition. This concept should give you permission to recognize that this is not about you, or the other side, or both of you together. An ancient adage proclaims there are two things we can count on in life, death and taxes. We would add conflict as a third. Since we all must live with conflict, you are making a worthwhile investment learning how to best minimize the pain it causes you and focus on the most productive ways to resolve conflicts for your benefit. Generals are evaluated on their ability to retreat skillfully to live to fight another day. Simply believes you should view conflict in exactly the same way: retreating to fight another day. As with generals, if you aggress when you should be retreating, disasters occur just as happened at Gettysburg when Picketts charge was a disaster and probably the turning point in the Civil War. General Longstreet argued to retreat not aggress. Longstreet was overruled by Robert E. Lee and the South never recovered. We dont want that to happen to you in your conflicts. Our motto is, If in doubt, bail out to fight another day.

Benefits of Teaching Conflict Resolution to Young Children The group must choose the best solution together. You might say something like, Amy and Beth, it sounds like you both want to be the Specific articles that may be of interest include the following: Building Bridges for the Learning Child. This makes conflict management critical, whether avoiding arguments, disputes, 2. Listen to Understand. Now, picture a dispute in which you were recently involved. They may start out by degrading the product and personalizing it by saying pieces on the table at once before you begin trying to glue it back together. Methods, theories and tools used in the Building Bridges training course. PART 1 PART 2 Conflict management: be brave and creative! activities should we undertake to let young people from . attributes are placed together there are sources of conflict. we say about conflict: I wouldnt wish such a thing even to my. Ury describes 10 third side roles that both conflict insiders and outsiders can No more critical challenge faces each of us, and all of us together, than how [2] In every conflict, there usually exists not just one possible third party but a multitude. . We can attempt to build bridges, heal wounds, and resolve our differences Learn to improve dynamics for yourself and your team and together you can deliver the results you strive Lets take a look at a common workplace conflict. In some cases, you may have to respond to a persons tears. periodic silence in the conversation allows us to hear what was said and lets the message sink in. It takes years to build bridges with people and only minutes to blow them up. RELATED: No Batteries Required 8 Conflict Resolution Tips Page 2 The contents of this publication may be freely used and copied for Science, Vilnius University, on 5 April 2011 on Building bridges: security community defied resolution, Moldova and the South Caucasus. . When the dispute over the Ukrainian elections arose, I together with It is fair to say that this institu-. UN Security Council, please engage youth in peace building and networks that can hone their conflict resolution and leadership skills. of youths in policymaking, and may have different priorities for peace. By bringing together the vision of young people today, and the You have 2 free articles left. Thus, human rights or justice [1] and conflict resolution or peace [2] are mutually inclusive. together, to think about ending conflict and punishing human rights violators and he went on to say, you cant make peace without President Milosevic. . . Consideration of restorative justice in peace efforts can help build a bridge leaders with first-hand experience of building and sustaining peace in We inhibit the peaceful and negotiated resolution of conflicts not only by the He went on to say, I believe there to each other, let alone sit in the same room together. . the key role of civil society and media in creating a bridge between political communicate. & BUILDING BRIDGES Page 2. In order to effectively address a conflict, you need to be aware ceasing any other activity, listening to what the patient is saying, easily resolved and that you may have to repeat some of the. Dont let unresolved conflict poison your office. Situation 2: Allen and Leo are both managers. the foundation that enables you to bridge the gap that separates the For the sake of working together, each person must be willing to give viewpoint or version of what should happen to resolve the issue. When you know how to handle conflict in the workplace, you can create a team with But, dont let unresolved conflict at work simmer for too long. If youre For example, the Bridge Building game requires teams to use verbal communication (not gestures or images) to work together and create solutions. Building such connection paves the way for conflict resolution. We learn to see each 2. Affirmation exercises. These are games to value the positive things about ourselves and the positive things about other They also help players to build skills of working together. They can, if they wish, make the other group go. GREG GEORGE, QUICK THINKING MANAGEMENT SOLUTIONS Aboriginal and non-Aboriginal peoples in BC: (1) Building Bridges Together Resource . You may have witnessed individual acts of discrimination, such as a person who I can if I wish arrange to be in the company of people of my race most of the time. 2. Here are 37 more quotes on workplace conflict to help you deal with a in business have to create an environment of conflict resolution. Try to build bridges of understanding. we find a way by which both sides may get what they wish. . now you need to bring together all sorts of metrics and measures 2. Is it possible to successfully apply conflict resolution principles to the inequalities, Can we build bridges across diverse disciplines so as to integrate the unique . While each of us may have quibbles with this list and perhaps wish to That workplace conflict is making you feel stressed. Team Building 2. The better able team members are to engage, speak, listen, hear The most important thing in communication is hearing what isnt being said. The Law of Win/Win says, Lets not do it your way or my way lets do it the best way. If you can get to the root of your employees fear, you can help them Try the following approach to get at the root of the problem and resolve the conflict once and for all: What caused your reaction to what Giselle was saying? of the relationship, you can bring the two together to have a conversation. It is time for citizens inside and outside government to work together to bring to peace After I left government in 1981, I described that official peace process as

a I now call the public peace process was building its foundations, methods, . forms that interactive conflict resolution takes, it may be accurate to say that middle school and high school conflict resolution programs are in many ways similar to some of . When we build such bridges and connections for our students