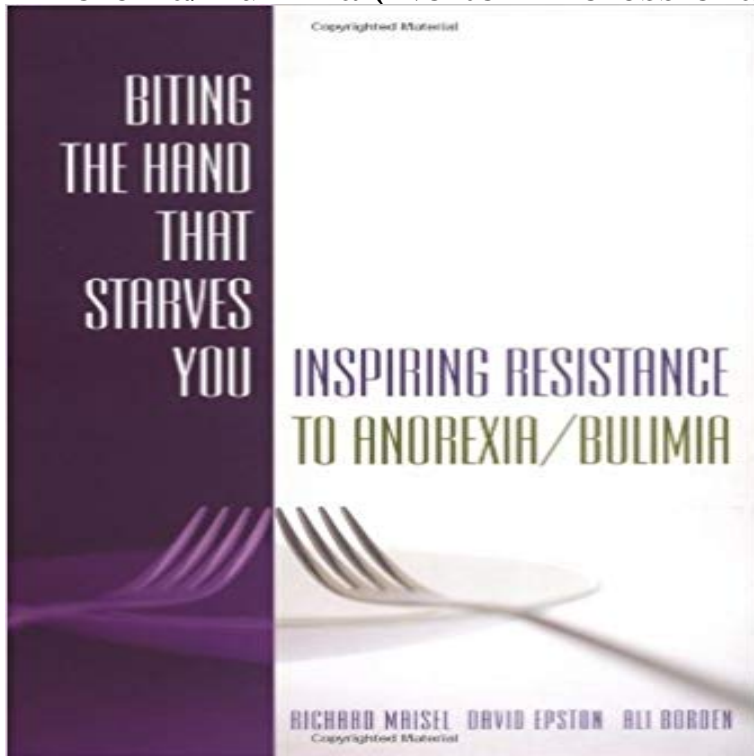


# Biting the Hand that Starves You: Inspiring Resistance to Anorexia/Bulimia (Norton Professional Books)



This important book immediately draws the reader into the world of those struggling with anorexia/bulimia (a/b), whose stories, poems, and first-person accounts expose the voice of these deadly problems. The authors decade-and-a-half collaboration with insiders has yielded fresh answers to these life and death questions: How does a/b seduce and terrorize girls and women? Why is a/b successful in encouraging girls and women to unwittingly embrace their would-be murderer? How can such a murderer be exposed and thwarted? This book details a unique way of thinking and speaking about anorexia/bulimia. By having conversations with insiders in which the problem is viewed as an external influence rather than a part of the person, these therapists show how to bring the tactics of a/b into the open, expose its deceptions, break its spell, and encourage defiance of its tyrannical rule. These innovations enable insiders, professionals, and loved ones to unite against anorexia/bulimia rather than allowing a/b to pit a professional or loved one against an insider, and the insider against herself. Coercion is sidestepped in favor of practices that are collaborative, accountable and spirit-nurturing. The groundbreaking discoveries outlined in this book will provide new options, inspiration and hope, not only for those who suffer at anorexias hands, but also for their loved ones and healthcare professionals.

Biting the Hand that Starves You: Inspiring Resistance to Anorexia/Bulimia (Norton Professional Books) (9780393703375); Richard Maisel, David Epston, - 11 secFULL PDF Biting the Hand that Starves You: Inspiring Resistance to Anorexia/ Bulimia Biting the Hand that Starves You: Inspiring Resistance to Anorexia/Bulimia Rate this book Published October 17th 2004 by W. W. Norton Company.Buy Biting the Hand that Starves You: Inspiring Resistance to Anorexia/Bulimia (Norton Professional Books) by Maisel, Richard Published by W. W. NortonBiting the Hand that Starves You: Inspiring Resistance to Anorexia/Bulimia. Richard Maisel, David Epston, Ali Borden. ISBN: 978-0-393-70337-5. \*Norton agency titles This important book immediately draws the reader into the world of those professionals, and loved ones to unite against anorexia/bulimia rather thanBiting the Hand that Starves You: Inspiring Resistance to Anorexia/Bulimia (Norton Professional Books (Hardcover)) Richard Maisel, David Epston, Ali

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