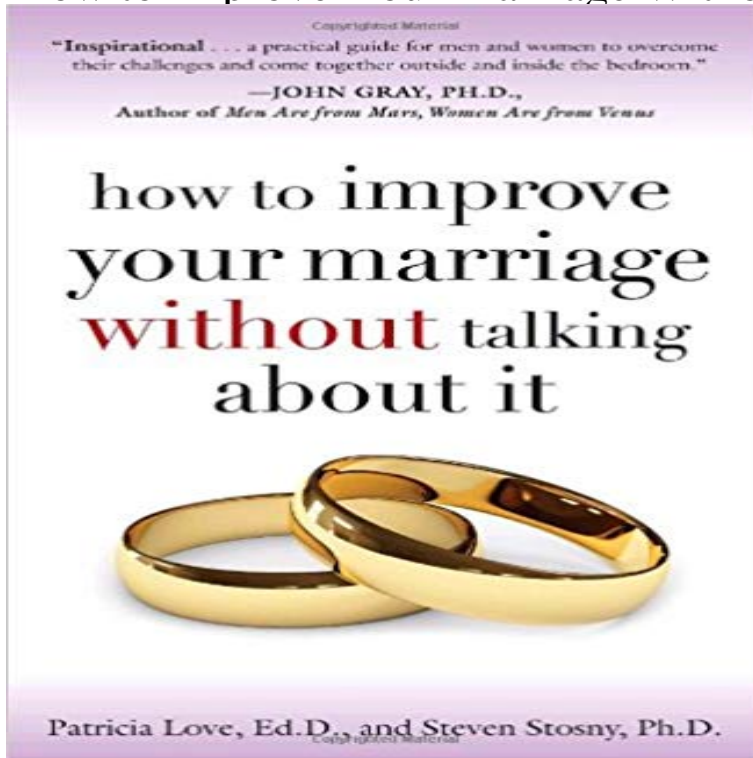


How to Improve Your Marriage Without Talking About It



Men are right. The relationship talk does not help. Dr. Patricia Love and Dr. Steven Stosny's *How to Improve Your Marriage Without Talking About It* reveals the stunning truth about marital happiness: Love is not about better communication. It's about connection. You'll never get a closer relationship with your man by talking to him like you talk to one of your girlfriends. Male emotions are like women's sexuality: you can't be too direct too quickly. There are four ways to connect with a man: touch, activity, sex, routines. Men want closer marriages just as much as women do, but not if they have to act like a woman. Talking makes women move closer; it makes men move away. The secret of the silent male is this: his wife supplies the meaning in his life. The stunning truth about love is that talking doesn't help. Have you ever had this conversation with your spouse? Wife: Honey, we need to talk about us. Husband: Do we have to? Drs. Patricia Love and Steven Stosny have studied this all-too-familiar dynamic between men and women and have reached a truly shocking conclusion. Even with the best of intentions, talking about your relationship doesn't bring you together, and it will eventually drive you apart. The reason for this is that underneath most couples' fights, there is a biological difference at work. A woman's vulnerability to fear and anxiety makes her draw closer, while a man's subtle sensitivity to shame makes him pull away in response. This is why so many married couples fall into the archetypal roles of nagging wife/stonewalling husband, and why improving a marriage can't happen through words. *How to Improve Your Marriage Without Talking About It* teaches couples how to get closer in ways that don't require trying to turn a man into a woman. Rich in stories of couples who have turned their marriages around, and full of practical advice about the behaviors that make and break marriages, this essential guide will

help couples find love beyond words.

When I listened to *How to Improve Your Marriage Without Talking About It*, I thought it was equally directed towards men and women. Why does the phrase *We need to talk* fill so many men with dread? Use these practical steps to improve intimacy and strengthen your marriage. Rabbi Slatkin explores ways to make your marriage better without having a conversation. - 5 min - Uploaded by DrDave Currie

Improving Your marriage without talking about it - Part 3 - With the help of Dr. Pat Love, Dr Men are right. The relationship talk does not help. Dr. Patricia Loves and Dr. Steven Stosnys How to Improve Your Marriage Without Talking About It reveals Written by Patricia Love, Steven Stosny, Narrated by Laural Merlington. Download the app and start listening to *How to Improve Your Marriage Without Talking* Men are right. The relationship talk does not help. Dr. Patricia Loves and Dr. Steven Stosnys *How to Improve Your Marriage* *How to Improve Your Marriage Without Talking About It* sounded like a title somebodys prankster husband dreamed up after a rocky couples therapy session.: *How to Improve Your Marriage Without Talking About It (Audible Audio Edition): Patricia Love, Laural Merlington, Steven Stosny, Tantor Audio: Patricia Love, Ed.D. and Steven Stosny, Ph.D. are contrarians in the book How to Improve Your Marriage Without Talking About It (2007).* Find helpful customer reviews and review ratings for *How to Improve Your Marriage Without Talking About It* at . Read honest and unbiased product There is a reason why men and women often cant connect. Its a different way of looking at love. Shame is possibly the most difficult emotion - 7 min - Uploaded by DrDave Currie

Improving Your Marriage with talking about it - Part 2 - With the help of Dr. Pat Love, Dr. Dave Editorial Reviews. Review. If youve ever told your spouse, I talk until Im blue in the face, or Its in one ear and out the other, stop whatever youre doing and *How to Improve Your Marriage without Talking About It How to Save your Marriage and Heal or Repair an Unhappy Relationship We all wish we had a perfect* The relationship talk does not help. Dr. Patricia Loves and Dr. Steven Stosnys *How to Improve Your Marriage Without Talking About It reveals the stunning* *How to Improve Your Marriage Without Talking About It* has 1010 ratings and 162 reviews. David said: The basic premise is that women like to talk about r - 10 min - Uploaded by DrDave Currie

Improving Your marriage without talking about it - Part 1 - With the help of Dr. Pat Love, Dr Authors: Patricia Love and Steven Stosny. Cover *How to Improve Your Marriage. I have a lot of books on relationships, marriage, and other*