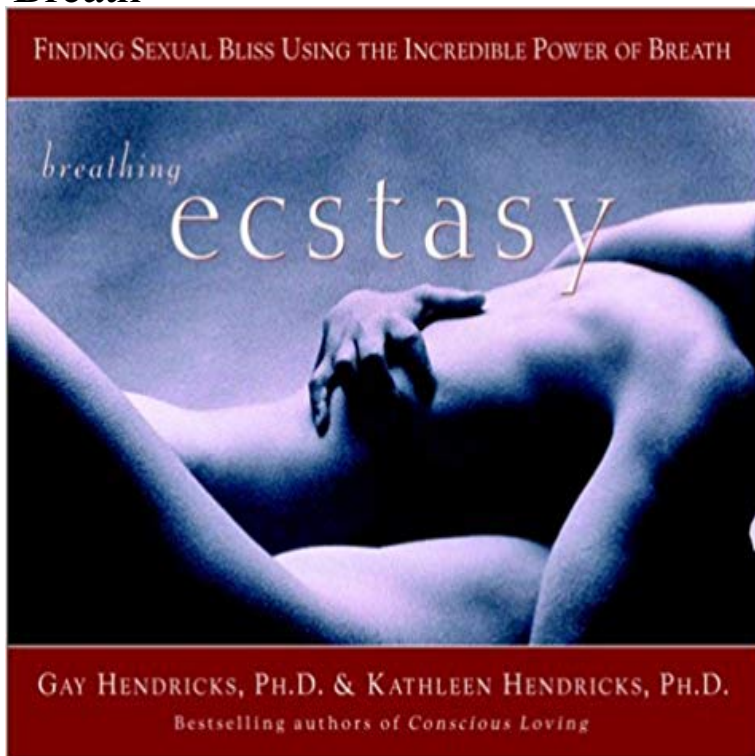


Breathing Ecstasy: Finding Sexual Bliss Using the Incredible Power of Breath



Take your lovemaking to incredible new heights by using one of nature's greatest gifts: the breath. By learning simple breathing techniques, you can overcome the blocks that have kept you from true sensual satisfaction, or take an already fulfilling sexual relationship to the next plane of pleasure. Best-selling authors Gay and Kathlyn Hendricks present their unique mind-body approach that has helped thousands of couples break through to a new dimension of fulfillment. In *Breathing Ecstasy*, they reveal techniques they have taught for decades, including: The 5-minute practice that can change your definition of sexual pleasure; How to deepen your natural orgasm reflex; Discovering your body's B-spot for more intense intimacy. With helpful illustrations, *Breathing Ecstasy* invites you on a journey to enhance your relationship and achieve new levels of sexual delight.

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