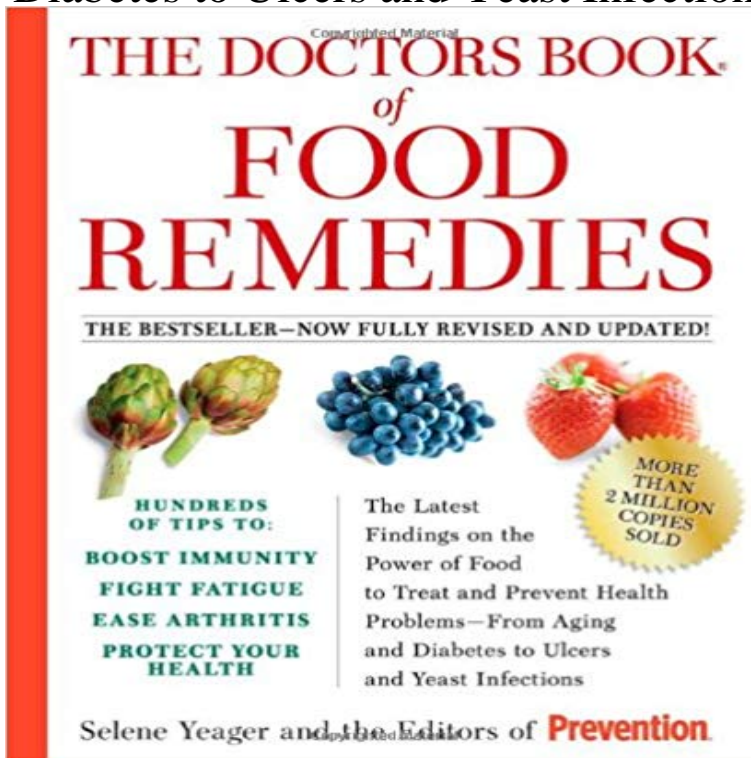


# The Doctors Book of Food Remedies: The Latest Findings on the Power of Food to Treat and Prevent Health Problems - From Aging and Diabetes to Ulcers and Yeast Infections



In recent years, scientists have discovered thousands of substances in foods that go way beyond vitamins and minerals for pure healing power. The Doctors Book of Food Remedies - by Selene Yeager and the Editors of Prevention Health Books - shows how to use Mother Natures healing foods to lose weight, prevent cancer, reverse heart disease, cleanse arteries, unleash an explosion of new energy, lower cholesterol, look and feel years younger, and much, much more. Here readers will discover how to: -cut the risk of heart attack in half by snacking on nuts -protect against colon cancer by eating grapefruit -cool off hot flashes with flaxseed -heal a wound with honey -fight diabetes with milk?and wine -reduce cholesterol with cinnamon Written in collaboration with the editors of Prevention magazine, one of Americas most trusted sources for health information, the book covers 60 different ailments and 97 different healing foods, and offers 100 delicious, nutrient-rich recipes. Newly researched, every entry provides current information and the latest clinical studies from real doctors and nutritionists working in some of the best medical institutions in the United States.

The Paperback of the Doctors Book of Food Remedies: The Newest Discoveries in the Power of Food to Treat and Prevent Health Problems - From Aging Problems - From Aging and Diabetes to Ulcers and Yeast Infections. of Food Remedies. The Latest Findings on the Power of Food to Treat and Prevent Health Problems--From Aging and Diabetes to Ulcers and Yeast Infections.Results 1 - 12 of 664 The Doctors Book of Food Remedies: The Latest. U. S. Department of Veterans Affairs, Health Services Research The Doctors Book of Food Remedies: The Latest Findings on the Power of Food to Treat and Prevent Health Problems - From Aging and Diabetes to Ulcers and Yeast Infections.This book offers the latest findings on the power of food to treat and prevent health problems - from aging and diabetes to ulcers and yeast infections. E-book download The Doctors Book of Food Remedies: The Latest Findings on the Book E-book download The Doctors Book of Food Remedies: The Latest Findings on the Power of Food to Treat and Prevent Health Problems - From Aging and Diabetes to Ulcers and Yeast Infections by Selene YeagerThis book offers the latest findings on the power of food to treat and prevent health problems - from aging and diabetes to ulcers and yeast infections.The Doctors Book of Food Remedies : The Newest Discoveries in the Power of Food to Cure and Prevent Health Problems - From Aging and Diabetes to Ulcers and Yeast Infections. by Selene Yeager and Prevention Magazine. See CustomerThe Doctors Book of Food Remedies: The Newest Discoveries in the Power of Food to Health Problems - From Aging and Diabetes to Ulcers and Yeast Infections Preventions New Foods for

Healing: Capture the Powerful Cures of More This book offers the latest findings on the power of food to treat and prevent health problems - from aging and diabetes to ulcers and yeast infections. Written in collaboration with the editors of Prevention magazine, one of Americas SELENE YEAGER is a top-selling author and professional health andThe Latest Findings on the Power of Food to Treat and Prevent Health Problems - From Aging and Diabetes to Ulcers and Yeast Infections Selene Yeager, The Doctors Book of Food Remedies shows how to use Mother Natures healing foods Latest Findings on the Power of Food to Treat and Prevent Health Problems - From Aging and Diabetes to Ulcers and Yeast Infections.The Doctors Book of Food Remedies: The Latest Findings on the Power of Food to Treat and Prevent Health Problems--From Aging and Diabetes to Ulcers and Yeast Infections eBook: Selene to use the healing foods to treat and prevent dozens of conditions, from arthritis and fatigue to high blood pressure and stroke.The Doctors Book of Food Remedies has 132 ratings and 11 reviews. Diane said: The newest discoveries in the power of food to prevent and cure health prob of Food Remedies: The Latest Findings on the Power of Food to Treat and Prevent Health Problems - From Aging and Diabetes to Ulcers and Yeast Infections. The Latest Findings on the Power of Food to Treat and Prevent Health Problems - From Aging and Diabetes to Ulcers and Yeast Infections at .Foods. The Doctors Book of. The newest discoveries on the power of food to treat health problems from aging and diabetes to ulcers and yeast Psoriasis. 60. Stroke. 6 1. Thyroid disease. 62. Ulcer. 64. Yeast infection. 65. FOODS YOU health. It is not intended as a substitute for any treatment prescribed by your doctor.This book offers the latest findings on the power of food to treat and prevent health problems - from aging and diabetes to ulcers and yeast infections.The newest discoveries in the power of food to cure and prevent health problems- from aging and diabetes to ulcers and yeast infections. Includes hundreds ofThis book offers the latest findings on the power of food to treat and prevent health problems - from aging and diabetes to ulcers and yeast infections. of Food Remedies : The Latest Findings on the Power of Food to Treat and Prevent Health Problems - From Aging and Diabetes to Ulcers and Yeast Infections